## WEEKLY MEAL PLAN

## SHOPPING LIST

S	PRODUCE	BREAD/BAKERY	DELI	BREAKFAST
	BAKING GOODS	CANNED GOODS	CONDIMENTS	SNACKS
	REFRIGERATED	MEAT/SEAFOOD	FROZEN	DRINKS
	NET KIDENTIED	TEATION	(NOLE)	DRINALS
	HEALTH/BEAUTY	HOUSEHOLD	MISC	
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